

# NATIONAL PREPAREDNESS MONTH



## Week 2: Build a kit with everyone in mind



FEMA



**Being prepared means having your own food, water and other supplies to last for several days. A disaster supply kit is a collection of basic items your household may need in the event of an emergency.**



### Assemble Your Disaster Supply Kit

Visit [bit.ly/EmergencySupplyList](https://bit.ly/EmergencySupplyList) for a list of the items you should include in your kit. Don't forget to consider what unique needs your family might have. Store the items in airtight plastic bags and put your entire disaster supplies kit in one or two easy-to-carry containers such as plastic bins or a duffel bag.



### Maintaining Your Kit

After assembling your kit, remember to maintain it so it's ready when needed: keep canned food in a cool, dry place, store boxed food in tightly closed plastic or metal containers, replace expired items as needed, re-think your needs every year and update your kit as your family's needs change.



### Storing Your Kit

Since you do not know where you will be when an emergency occurs, prepare supplies for home, work and cars. Make sure all family members know where the kit is kept and have it ready in case you have to leave your home quickly. Keep a "grab and go" kit of emergency supplies at you work and in your car.

**Visit [www.ready.gov/kit](https://www.ready.gov/kit) for additional info and resources about building your family's or agency's disaster supply kit.**